

## Patient Info: Who to Call

- A. **Call 911 if:**
- o You have severe trouble breathing or severe chest pain
  - o You are very confused or not thinking clearly
  - o You pass out (lose consciousness)
- B. **Call your primary care provider if:**
- o You have new or worse trouble breathing
  - o Your symptoms are getting worse
  - o You start getting better and then get worse
  - o You have severe dehydration such as:
    - having a very dry mouth
    - passing only a little urine
    - feeling very light-headed
    - if your oxygen level changes by 3%

For patients with pulse oximeters: as outlined in the instructions for use, your care team will advise you what pulse oximetry levels are acceptable for you. Generally, an oxygen level of 93% or greater is acceptable.

To reach a primary care provider on weekday evenings between 5:00pm -8:00pm, call your primary care provider's office and listen for after-hours clinic information to speak to the PCP at the clinic.

After 8:00pm and on weekends, please call: Telehealth at 1-866-553-7205 and ask for the Cottage Country Family Health Team physician on call.

**Please note:** your check-in call may come from a cell phone number which will appear as 'private' on your call display. Please be sure to answer these calls during your monitoring period.